# "Metal Gone" Heavy Metal Detoxification – Chelation Therapy

#### Indications

Heavy Metal poisoning such as mercury, cadmium, lead, aluminum and for conditions such as CFS; Fibromyalgia; rheumatoid arthritis; Alzheimer's; MS and during any dental amalgam removal program. According to current studies three major substances are in the foreground in oral Heavy Metal Detoxification.

#### **1. WILD BEAR GARLIC**

Removes heavy metal out of the kidneys.

#### 2. Open celled-RELLA<sup>™</sup> (Chlorella)

Removes heavy metal from body tissue. Double blind study, University of Tuebingen, 1998, using open celled-**RELLA™**.

#### **3. CILANTRO**

Removes heavy metal. Studies showed it can remove heavy metal out of the brain.

#### Important:

Experienced practitioners advise to use CILANTRO in conjunction with open celled-RELLA<sup>™</sup> and WILD BEAR GARLIC. This is based on the theory that remaining heavy metals could be transported into the brain during a long term treatment using just CILATNTRO by itself. Tests like Ejuva Health by Mail can determine the concentration of heavy metals before, during, and after treatment.

#### WILD BEAR GARLIC

Herbal Liquid Wild Crafted and Alive

#### Indications

Recommended for heavy metal detox of the kidneys; chelation therapy in particular; atherosclerosis prophylactic; hypertension; eczema; dental treatments, etc.

#### **Common Name**

Wild Bear Garlic

Ingredient Allium ursine

#### Dosage

30-40 Drops 3 times a day for 90 days

#### Research

The Institute of Pharmaceutical Biology, University of Munich (Professor, Dr. H. Wagner, Dr. A. Sendl) performed and published (1998) extensive studies about the medicinal properties of Allium ursinum. In particular their in vitro inhibitory potential on 5-lipoxygenase (LO), cycldxygenase (CO), thrombocyte aggregation (TA), and

angiotensin I-converting enzyme (ACE). The Physiological Institute II, University of Tuebingen published their results in 1993 of studies in vitro as well as in vivo of the angiotensin converting enzyme (ACE) inhibiting action of Allium Ursinum. It reports of the cardio protective and blood pressure lowering action.

#### **Special Comments:**

WILD BEAR GARLIC can also be taken and mixed together in juice or water with opened celled ruella and cilantro

#### Open Celled-RELLA™

Herbal Liquid Wild Crafted and Alive

#### Indications

Heavy metal toxification; toxic bowel; rheumatic conditions; arthritis; suppressed immune function.

#### Efficancy

Detoxifies from heavy metals and pesticides, reduces the tendency to inflammation, helps (promotes) the absorption of vitamins, minerals and amino acids.

#### **Key Ingredient**

Fresh water algae Chlorella Pyrenoidosa

#### Dosage

For normal maintenance 30-40 drops 3 times daily. Should be swallowed with plenty of water or juice can be mixed with both Bears garlic and Cilantro.

#### **Special Comments**

Chlorella which was used in the scientific studies in the German University of Tuebingen (1998) under the supervision of Dr. Dietrich Klinghardt. This study proved the effectiveness of Chlorella to detoxify the human body from metals. At the present time a study is running at the Danish state-owned hospital Kobenhavns Amtssygehus in order to prove chlorella's efficiency to cure or relieve rheumatic / arthritic conditions. To be taken with both Bears Garlic and Cilantro. Cell must be open via ultrasonic sound any other method that open s the cell nucleolus will cause it to rot.

#### CILANTRO

Herbal Liquid Wild Crafted and Alive

#### **Clinical Considerations:**

Heavy Metal Detoxification, Chelation, Antiviral. Physicians who specialize in environmental medicine reported that the herb Cilantro is able to bond and detox heavy metals. According to Dr. D. Klinghardt and Dr. Y. Omura, Cilantro can move heavy metals even out of the brain. Although no hard-core scientific data is presently available, these reports are very encouraging. Heavy metal poisoning is very difficult to treat, mostly unrecognized, but widely common. Many conditions related to the nervous system are directly linked to heavy metal poisoning. In India the herb Cilantro is used to polish metal cooking ware. Obviously the herb has the ability to bond metal particles. Therefore, one should consider not eating Cilantro in restaurants that use aluminum cookware. The German Nestmann Pharmacy tested and analyzed all available Cilantro in the market place. It took Nestmann one year to finally find the purest and highest quality. Because of the herb's ability to bond metal particles, unpolluted soil is of utmost importance. The next task for Nestmann was to find the best manufacturing procedure that guaranties stability. Their research showed that a liquid extraction has the highest absorption rate. The benefit of this well-manufactured product is a serious advance against heavy metal poisoning.

# Dosage

30 to 40 drops 3 times daily.

# • MOFLORA

Probiotics help your body to synthesize essential vitamins in the intestinal tract

including B12; they produce enzymes important for proper assimilation of food,

promote regularity and good gastrointestinal health, and contribute to pleasant

breath. Some studies show Probiotics help with lactose intolerance and may reduce blood fat and cholesterol levels and help increase the immune system.

Our formulator was Khem Shahani the Worlds leading authority on Probiotics. On

average a healthy human requires 4-5 pounds of Probioctics in their intestines.

Khem stresses, the less strains of Probioctics in your blend the better your blend.

This insures more of each organism in the blend. Most importantly that the Probiotics are in a FOS base which both protects them and feeds them. Khem also recommends

Probiotics are to be consumed as a powder and not in pill or time released tablet

form. The plastic capsule does not produce health in the body. The timed released probiotic does not release probiotics in the stomach which is important for stomach health (to keep bad bacteria like H Pylori in check). Also, it is best not to protect probiotics from stomach biles. Stomach blies kill the weak. You do not want any weak strains getting through and cultivating in you gut. Timed released probiotics lets the weak . Do not use probiotic water soon to come out on the market. There are a VERY weak strain. Khem suggests the daily allowance of Probiotics is 2-10 billion per day (all the body can absorb in one day). Khem claims the 50 or higher billion blends are a sales gimmick as the body cannot possibly absorb that much in a day. Very difficult to keep that many alive, most will be dead upon consumption. Lastly 99.9% of Probiotics come from pigs, cows and plants even if they are labeled dairy free, because they are not legally a dairy product containing milk, cheese, etc.

Moflora consists of human specific Probiotics cultured from healthy live humans in

the 40's: L. Acidophilus, L. Bifidus, and B. Brevis. At the time of production it is

guaranteed to contain at least 20 billion microorganisms per gram of Lactobacillus

Acidophilus, Lacto-bacillus lactis, Bifidobacterium Bifidum, Bifidobacterium infantis, Lactobacillus plantarum, Lactob-acillus salifarius, and Lactobacillus casei

in a base of vegetable fructooligosaccharides aka FOS.

# DOSAGE

Take 3-5 level spoonfuls 3-5 times per day until you run out (.2 grams each) with

the enclosed white spoon alone (not with Garlic). Moflora can be taken alone, with water, or with juice.

# **Special Comments**

Do not take Moflora with the other ingredients!

# STORAGE

If you are not using the probiotics (\*Moflora) right away keep in freezer.

# How to consume cleanse

# Mix all 3 ingredients as directed below and add water or juice for taste (this is a 90 day cleanse)

WILD BEAR GARLIC (allium ursinum)

weeks 1 - 12
45 drops three times daily after meals

#### BIO REU-RELLA (chlorella)

- week one:
  - 40 drops three times daily after meals
- weeks 2 12:
  - o if weigh less than 150 lbs: 30 drops three times after meals
  - o if weigh more than 150 lbs: 40 drops three times after meals

Continue above two supplements for four weeks, then **add**:

#### CILANTRO

- weeks 5 12 (months 2 and 3)
  - $\circ$  if weigh less than 150 lbs: 30 drops three times daily after meals
  - o if weigh more than 150 lbs: 40 drops three times daily after meals

Continue Cilantro, along with Wild Bear Garlic and Bio Reu-Rella for two (2) months (a total of 3 months for full program) and then retest for heavy metals.

#### MOFLORA

Weeks 1 -12 Do not take Moflora with the Garlic, all Garlic kills probiotics Take 3-5 level white scoops with meals 3 to five x's daily until bottle is empty

Children under age 6 - 12: 1/2 adult dose on all above supplements

Children under age 5: do not treat

If you have any questions while on the program contact your health practitioner or Dr. Charles Partito N.D. at EJUVA toll free 866 463 5882 or charles@ejuva.com