

Nature's Wisdom

Natural Health and Nutritional Counseling

© 2004 Charles Partito N.D. All Rights Reserved,

Except where marked with individual copyrights

DISEASE IS NOT NATURAL, IT'S COMMON!!!

More money has been spent and more knowledge gained in the realm of health and disease since 1900 than in all of previous history combined. Despite the tremendous advances in medical science over the past 100 years, there is more disease "today, right now," than ever in the history of mankind. Based on these facts, logic would dictate, "The smarter we get, the sicker we become."

Modern America spends more money on disease prevention than any other civilization in history. Yet we are the sickest, most overweight, most depressed, most disease-ridden civilization in the history of mankind, living (if you can call it that, as the last 12 years of life on average are usually not pleasant) to an average age of 76. Meanwhile, there are 19 other civilizations living to an average age of 100 - 120. These societies are virtually disease-free. They are in health until the day they die. How can this be possible? Who knows why this is?

We at "NATURE'S WISDOM" know why! We also understand that there is only one thing on Earth that heals or cures the human body, and that is The human body!

We understand what causes disease and we understand how disease is reversed. The natural way of bringing your body back into health works 100 out of 100 times. This approach always works because your body (innate intelligence) only knows health.

Innate intelligence makes a perfect baby every time (provided, we supply a healthy non-toxic egg and seed). The complexity of this miracle is mind-boggling. To believe that this same innate intelligence needs man's help to keep that baby healthy defies logic! As nature is not only smarter than man thinks, nature is smarter than man can think.

Through our <u>Natural Health Counseling</u> you will learn what causes disease, how to prevent disease, how to reverse disease, how and why your body will give you optimum health every time using truly natural methods. Whether it's weight loss, anti-aging, small ailments or the most serious of diseases. No matter where you live, male or female, pregnant or not, from infants to seniors, no matter what blood type or dosha you may be. Our inexpensive, non-invasive methods of <u>Natural Health Counseling</u> will allow your body to heal itself, just as it has for all our clients. Discover true health now, become younger as you grow older - it's simple, inexpensive and highly effective.

Is There A Need For Natural Healing?

- (A)In 1900, 20% of all Americans over the age of 40 suffered from some form of chronic degenerative disease (heart disease, cancer, diabetes, etc.).
- (B)Since 1900 we have gained more knowledge in disease prevention than in all previous history combined. Imagine all the books that fill the medical archives.
- (C)The hospital industry is currently ranked in the top 5 industries in the United States. There were very few hospitals in 1900.
- (D)Today we have one of the best doctor-patient ratios in the world. There were very few Allopathic (traditional) doctors in 1900.
- (E)There are currently some 500,000 pharmaceutical outlets, distributing countless amounts of drugs daily. There were few 'Drug Stores' in 1900.
- (F)The equipment and methods used today in the diagnosis and treatment of disease are incredible when compared to what was used in 1900.
- (G)Multi-trillions of dollars have been spent on disease prevention since 1900.
- (H)The training of today's doctors is far superior to the training available in 1900.
- So much more could be said regarding the tremendous advances made in medical science of today as compared to 1900. So logic would dictate there is much less disease today than in 1900, right?

Despite all the tremendous advances in medicine since the turn of the century, we are sicker today (right now) than we have ever been. In fact, over 70% of America's population beyond the age of 40 suffers from some form of a chronic degenerative disease, often from 2 or more diseases; this is a 350% increase in disease since 1900. The American Medical Association and the World Health Organization both admit, "America is in the worst epidemic of chronic degenerative disease that mankind has ever known!"

When compared to each other and to other westernized civilizations, this falling apart of the body as we get older seems normal, but it's not - it's just common! There are 19 other civilizations including the Hunza of the northern Himalayas living to an average age of 120 years. Science compares their 70-year-old women to our 30-year-old women in looks and physiology. In fact, they often don't have their babies until they reach their 70's. Most remarkable of all, they don't know what disease is. These civilizations have no nutritionists, doctors, hospitals, pharmacies nor disease. These civilizations are in virtual health until the last few days of their long healthy lives. They do not fall apart as they get older. How is this possible? We at NATURE'S WISDOM know how! Is there a need for you to understand natural healing? You bet there is! Why? Because natural healing works every time.



The Myth of Health in America

The medical industry would have us believe that we are the healthiest, best-fed nation on earth. The truth is America is a sick country! 99% of its inhabitants suffer in some manner from minor ailments to very deadly diseases.

The medical industry would have us believe that we are actually living longer today than we did in 1900. That is not an accurate statement. In the early 1900s we had an abnormally high infant mortality rate due to unsanitary conditions and malnutrition. When you factor in the abnormally high infant mortality rate of the early 1900s with the people's lifespan that survived infancy, it made the people of the early 1900s seem like they had short life spans. The truth is the people of the early 1900s who lived past infancy usually lived as long if not longer lives than do the people who live past infancy of today. Not only did the people of the early 1900s often live longer than the people of today, they lived a much higher quality of life than we do today. According to the American Medical Association we are currently living to an average age of 76. However, the last 12 (on average) of our 76 years are spent certifiably sick by a physician. We're talking major discomforts, not colds and flu. The following are some alarming statistics of America's health picture I think the public should be made aware of:

- There have been four medical doctor strikes in the last 10 years. In those cities where the strikes took place, the death rate dropped between 40 and 60%.
- The U.S. Public Health Service recognizes a mere 3,400,000 of our over 275,000,000 people as being healthy! This is only 1 %.
- America's worst drug offenders are physicians. The number of physicians on hard drugs (heroin, cocaine, opium etc.) is about 19 times greater then the number addicted to the same drug among the general population. According to a series articles printed in the New York Times.
- In 1996 the third leading cause of death in America was, are you ready? Medical Drugs!
- The 5th leading cause of death in the United States is infectious disease contracted while staying in a hospital.

- The Federal Center of Disease Control admitted that between 1973 and 1983, 87% of all cases of polio in the US were caused by the polio vaccine, and from 1980 through 1989, it was 100%.
- The U.S. Public Health Service determined which nation was the healthiest in the world. Of the 100 participating nations, America was rated the healthiest in 1900. In 1920 we dropped to #2. During WWII we went back up to #1. As sugar and meat were hard to get, family vegetable gardens were common and doctors were away at war. The war ended and by 1978 we were ranked 79th. In 1980, we were 95th. In 1990 we were ranked last (100th) and have remained there.
- The 8th largest killer of Americans is called iatrogenic disease. This means diseases caused by doctor's treatments.
- In 1977 Surgeon General C. Everett Coop concluded in his study of why we get disease that, "8 out of 10 diseases are caused by improper diet."
- Over 5,000,000,000 sleeping pills are consumed annually.
- Over 200,000,000 Americans are hooked on one or more drug habits. The most frequently
 used drugs are caffeine, (in coffee and soft drinks), salt and other condiments, nicotine,
 alcohol, aspirin, theine (in tea), theobromine (in cocoa and chocolate) and vinegar.
- An estimated 20,000,000,000 barbiturate and amphetamine pills are taken annually by Americans.
- Tranquilizers are a way of life for millions of Americans.
- Today 86% of America's children cannot pass a minimum physical fitness test. That compares to 58.6% in 1954.
- In 1984 \$400 billion were spent on "health care." Each family was saddled with an average of \$6,800 in yearly medical costs, mostly indirectly through taxes.
- \$1,400,000,000 (1.4 Trillion) were spent in 2002 on health care (that's what they call itactually it's what Americans spend on diseases).
- About 1,000,000,000 visits are made to physicians annually in the U.S.A. Another 350,000,000 are made to hospital emergency rooms and clinics.
- Over 40,000,000 Americans will spend some time in a hospital each year.
- In 1900 diabetes was the 27th leading cause of death. In 2004 it was the 3rd leading cause of death. Insulin was discovered in 1922.
- About 60,500,000 Americans (22%) suffer from allergies.
- Over 60% of the American population suffers from defective vision.
- Over 93,500,000 Americans (34%) are obese. 60% are overweight. Yet nearly all Americans are malnourished in one way or another despite gross overeating.
- About 11,000,000 Americans (4%) suffer from the skin disease psoriasis. Another estimated 180,000,000 (65%) suffer less severe forms of skin disease such as acne, eczema, warts, moles, rashes, blotches, etc.
- Over 50% of Americans suffer from chronic digestive disorders.
- There are some 19,000,000 (7%) diabetics or near diabetics in America.
- There are about 61,000,000 (22%) insomniacs in America.
- An estimated 55,000,000 Americans (20%) suffer high blood pressure (hypertension).
- Over 27,500,000 Americans (10%) suffer from "mental illness."
- Nearly all Americans suffer from digestive disorders.
- Most of our population (98.5%) have bad teeth. 36,000,000 (13%) have no teeth of their own. Fillings, dental cavities, decayed and deformed teeth are so prevalent that they are considered normal. The Washington Post stated that despite thousands of tons of toothpaste, mouthwashes, fluoridated water, etc., the American mouth is a disaster area. The average American child has six cavities by school age. Bad teeth are symptomatic of bad diet.
- Constipation is a national disease. Nine out of ten Americans (200,000,000) suffer from clogged colons.
- There are about 27,000,000 (10%) asthmatics in this country.

- Nearly all Americans suffer from leukocytolsis and a pathologically high heartbeat. These conditions are largely the result of a pathogenic diet of cooked, processed, preserved and improper foods, drug habits and lack of healthful practices.
- Some 20,000,000 Americans (7%) suffer from ulcers.
 - An estimated 44,000,000 Americans (16%) suffer from tinnitus or "ringing in the ears."
 - Nearly 50,000,000 Americans undergo surgery each year.
 - In 1975, 705,000 women submitted to hysterectomies.
 - Americans will suffer about 80 million colds this year. The average child under four will suffer eight colds a year.
 - Over 119,000,000 Americans (43%) drink alcohol, a narcotic drug, and over 19,000,000 (7%) are chronic alcoholics.
 - Approximately 75,000,000 Americans use tobacco. Nicotine is a deadly narcotic, being but one of some 18 poisons taken into the system by smokers. Over 600,000,000,000 (600 billion) cigarettes are smoked annually in the U.S.A.
 - There are over 215,000,000 sugar addicts in America. This is about 95 percent of our populace. Americans eat an average of 170 pounds each year.
 - Americans consume about 350 trillion (350,000,000,000,000) cups of coffee a year.
 - Over 8,000,000 children are 'mentally retarded,' disturbed, defective or otherwise seriously handicapped because of brain problems. Most mental deficiencies result from the child being drugged via the mother during pregnancy.
 - Almost every baby in America has already been drugged before birth, either by
 physicians or by drugs in the mother's bloodstream when she is drugged (which is often).
 - Arthritis and rheumatic complaints will affect 77% of our adult population. Currently there are approximately 27,000,000 sufferers (10%) of arthritis.

Hardly an American alive has not at some time been subjected to narcotic drugs by their physicians or commonly sold nostrums they've bought themselves, notably the analgesics, opium-based drugs (cough medicines), amphetamines, barbiturates, tranquilizers, aspirins, etc.

- Nearly 50% of Americans die of heart disease or cardiovascular problems. Over 61,000,000
 Americans (22%) suffer from severe heart disease. Autopsies have indicated that every child
 over the age of four already has incipient to severe cardiac problems. Heart specialists say
 everyone over thirty has some form of heart disease. Autopsies of our most fit young men
 who died on the Korean battlefields showed that 77% of them already had heart disease.
 Biologists state that a healthy heart should serve the organism for at least 300 years.
- Untreated cancer victims actually live up to four times longer than treated individuals.
- One out of five Americans under the age of 17 already has a chronic disease.
- There are 125 medical schools in the United States. Only 30 have training in nutrition and among those 30, nutrition courses amount to less then 3 hours of training. (my nutritional training lasted years)
- Surveys, tests and health evaluation programs reveal that America's physicians are sicker and more diseased than the average American.
- About 60,000,000 aspirin are taken daily in the U.S.A. This amounts to about 50,000 pounds (25,000 tons) of aspirin a year.
- Three out of ten Americans (33%) will have cancer this year. 80% of these people will die and their death will be attributed to cancer.
- Cancer is the number one cause of death among our children. In many countries almost no cancer exists.

There are many more alarming statistics that could be added to this list. Most of the statistics listed herein are more then 20 years old; since then all of the statistics have worsened, not improved. This as a result of being treated by traditional health care. In fact, there are numerous "NEW" diseases such as AIDS, SARS and MONKEY POX.

Let it be said, that when it comes to something called "CRISIS CARE" (car accidents, gun shot wounds, etc.), traditional medical care is by far the very best in the world!

It is for this reason that we need to eliminate the term "Alternative" health care. As this term suggests, to get rid of, or to eliminate. The proper term would be "Complementary" health care. This because we need to work "with" or "along side" of the crisis care aspect of traditional health care.

But when it comes to treating ailments, illness or disease, traditional health care is a complete failure, often illogical and at times down right barbaric. This is because the medical mindset is trained exclusively in the diagnoses and treatment of one's "SYMPTOMS," then masking these symptoms with drugs and surgeries.

Traditional medicine completely ignores the "CAUSE" of one's "symptoms." Remove the "cause" and the "symptoms" are guaranteed to go away. Deal with only the "symptom" and leave the "cause" (TOXICTY and NUTRTIONAL DEFICENCIES) in the body, and the "cause" is then guaranteed to re-manifest itself into something much worse later down the road. At that point your doctor will then tell you that you have a "new" more dangerous disease, when in fact it is the continuation of the same old disease.

The human body was not designed to have symptoms. Most people believe that symptoms are just a part of life. The only reason we get symptoms is because we have done something wrong.

Treating only the "symptom" is like cutting the wires to a fire alarm. The fire alarm is only the "symptom;" the "cause" is the fire. Cutting the wires stops the ringing (the symptom) but did we actually put out the fire by cutting the alarm wires? Of course not! The fire (the cause) was left untouched, and is guaranteed to do further damage.

Dr. Charles Partito N.D. Natural Health Counselor/ Nutritionist

The 5 stages of Disease:

The first stage of disease is called "ACUTE."

This is simply a form of vicarious elimination. When the normal channels of eliminating metabolic and toxic waste become congested due too much toxicity, the body or "innate intelligence" places this waste in mucus membranes and sends the mucus to the nasal cavities for elimination out of the nostrils. This is also referred to as a common cold. We then treat the symptom (runny or stuffy nose) with medicine, completely ignoring the cause - "toxicity". So the symptoms are stopped, but the cause remanifests itself into the second stage of disease called:

"SUB-ACUTE" This stage is a continuation of vicarious elimination by the body. However, the body is now more toxic, so the symptoms increase to include vomiting, diarrhea and fever, also known as FLU. Of course, your doctor will cover these symptoms with more powerful medicines. The chemicals that compose the medicine will mask the symptoms but the cause (toxicity) is never dealt with. Thus one will continue with the same lifestyle - allowing toxicity to further build in the body, and as a result, the 3rd stage of disease will begin and this stage is called:

"CHRONIC DISEASE" During this stage there is very little vicarious elimination by the body, as the body has little vitality left. Symptoms of chronic disease may include: ulcers, allergies, asthma, skin disorders, kidney/bladder problems or stones, colitis, diverticulitis, hypertension, prostatitis, etc. These symptoms too will be masked by your doctor's meds allowing the cause (toxicity) to again multiply into the 4th stage of disease known as:

"CHRONIC DEGENERATIVE DISEASE" During this stage of disease there is no vicarious elimination being performed by the body, as the body is far too sick. These symptoms may include senility, heart disease, arthritis, cancer, diabetes, pleurisy, emphysema, etc. Of course, these symptoms too are masked via surgery and medications, the cause (toxicity) again ignored thus allowing the 5th and final stage of disease to develop, this stage is called: "DEATH"

Get rid of the cause (toxicity) and add the nutrients that the body is lacking (during any of the 1st four stages of disease), and health will abound. How do we become toxic? The only way we become toxic and nutritionally deficient is through what we consume. We earn disease! In fact, on a certain level disease (all symptoms are a form of disease to one degree or another) is our friend. As without disease we could die instantly. In other words, our body (innate intelligence) gives us disease in the face of our wrong doing in order to keep us alive longer. So, if innate intelligence is smart enough to give us disease to keep us alive longer, it certainly is smart enough to undo disease and give us health, provided we give our body what it is designed to consume. Neither man nor medicine is capable of healing the body; only the body is capable of healing itself, as the body is completely self- contained. This is the premise of Natural Healing and this is why Natural Healing is hundreds of percent more successful than traditional health care in restoring health. (Please keep in mind that this little pamphlet was not written for the purpose of defending or discussing exhaustively the above assertions)

What is Nature's Wisdom?

Nature's Wisdom is a nutritional counseling service working world wide on implementing the types of foods and whole food supplementation (if any) necessary for the human body (depending on the individual's needs) in order to facilitate and maintain the highest plateau of physical health. Unfortunately, with rare exception, Doctors, Nutritionists or Hygienists do not understand the human body's true needs of nutrition, and subsequently cannot bring about nor maintain true health. There are 5 basic reasons why Nature's Wisdom has hundreds of percent more client success rate than any Traditional means of restoring one's health:

We recognize that it is only the body that is capable of healing the body.

We deal with the actual cause and not just the symptom.

- Traditional Health Care only sees the body as "Healthy" or "Diseased" nothing in between. All their tests are designed to find sick or deformed cells. If no sick cells are found then you are labeled "Healthy." Nothing could be further from the truth! Besides Healthy or Diseased there is a 3rd state that in fact most bodies are in. This state is called "Dis-ease." Meaning not quite healthy yet not technically diseased. Our test recognizes all 3 states. (Learn more about our testing on the next page.)
- Unlike Traditional Health Care we recognize that the main causes of Dis-ease and Disease are due to a lack of nutrition, and toxicity. So based on the results of your tests, we recommend in writing a diet based on your body's nutritional needs allowing your body to heal itself. This approach works every time!
- Unlike Traditional Health Care we actually educate you on what is going on inside your body. How it happened, and why it's going to be healed and stay healed. We do this through:

Phone Consultations Free taped lectures, and reading material.

So whether it's weight loss, more energy, skin problems, headaches, anti-aging, breathing problems, ADD, Candida (yeast), parasites, aches and pains, chemical poisoning, acid reflux, hormonal, prostate, intestinal, fertility, blood pressure to the most serious of diseases and anything in between. No matter your age, sex, race or creed. No matter where you live, Nature's Wisdom has a program that will work for you! You will in a sense become younger as you grow older! For more information and a free invaluable MP3 Download - "Nutrition and its Relationship to Health" call us toll free at 866.463.5882. Our International # is 909.496.3252

Health through the mail!

From the privacy and convenience of your own home, you will, perhaps for the first time ever, gain true insight into where your body stands nutritionally. This eliminates all the guesswork, saving both time and money on products you don't need. You will discover:

Your Body's Current Nutritional State How Well You Assimilate What You Eat Real Answers As To Why you Feel The Way You Do A way To Restore And Maintain Your Health

This is done through our elaborate testing; Dr. Partito will personally determine your complete health picture by analyzing the following:

Liver and Kidney congestion

Adrenal levels

Chloride and PH levels

Pathology screening

Which Food Types You Are And Are Not Digesting

Of Which Enzymes You Are Deficient

If Your Food Is Being Properly Absorbed

How Well Your Liver Is Processing What You Digest

If The Nutrients You Are Absorbing Are Being Assimilated By Your Body

Which Foods Are The Most Harmful And Health Producing To Your

Health

Why You Crave The Foods That Harm You

What Vitamins You're Deficient

What Minerals You're Deficient

If You're Deficient In Amino Acids

If You're Deficient In Fatty Acids

And So Much More, Including A Complete, Simple, Written Step-By-Step Nutritional Plan For Your Body's Individual Nutritional Needs Which Will Allow Your Body To Heal Itself.

It's Simple, convenient, inexpensive and it works better then anything else on earth! The tests cost approximately \$275.00. The price includes return Express overnight packaging; just place it in the mail. For more details please call us toll free at 866.463.5882 or email us at charles@ejuva.com. Our International # is 909.496.3252

Meet Dr. Partito

Dr. Charles Partito, N.D. is a certified Natural Health Counselor and a certified Nutritional Consultant. He is the CEO of five successful corporations including Ejuva Intestinal Cleanse and Rejuvenation system (www.ejuva.com). Dr. Partito earned a degree by studying food chemistry and its relationship to the human body at the College of Natural Health. Dr. Partito is a founding member of the Mountain Healing Arts Association, and a noted lecturer on Natural Healing. Charles studied under the legendary Dr. Robbins; as a result Charles cured himself of liver, lung, prostate diseases, adrenal fatigue, Hypoglycemia, intestinal, skin and gum disorders, cataracts, and obesity. "I couldn't walk more than 100 yards without falling to my knees gasping for air." At the age of 38 I was literally falling apart at the seams. It seemed this was my destiny after being a superior athlete all through my youth (which included a Golden Glove award and college football offers). I tried numerous treatments and diets but nothing worked. Then I met Dr. Robbins and learned about true natural healing. Without the aid of medicine or surgery, by age 40 I could jog non-stop for 2 hours. I was no longer obese and healthier then I have been since I was a child. I literally became younger as I grew older. Dr. Partito then opened his natural healing clinic, Nature's Wisdom, and because of his phenomenal successes with his local clientele he decided to take his message worldwide. Now he does his testing through the mail and his consultations over the phone. As a result his unsurpassed client success rate is now worldwide. With his message of "only the body is capable of healing the body, but you must give your body what it was designed to consume in order to achieve true health," he has had incalculable successes as this approach works every time for everybody.



(Charles age 38 230 lbs riddled with "Incurable" disease)(Charles 40 something165 lbs after a 2 hour jog, completely disease free)

Testimonials

At the age of 68 I was diagnosed with Diverticulitis, a disease affecting the large bowel. Almost everything I ate I vomited back up. I was forced to wear adult diapers as I lost control of my bowels. I was bed ridden for nearly a year. When I tried to get out of bed I would fall to the floor because the pain was so intense. My doctor (at the time) would give me shots and pills that temporarily relieved my symptoms but they always came back, usually worse then before. I was in such pain most the time that I literally wanted to die. Then one day I was told if I tried this "Natural Healing" that Dr. Partito recommends that my body would in fact heal itself. I thought it to be "hocus pocus" but with nothing to lose I thought I'd give it a try. 10 days later I no longer vomited, or needed diapers. I could walk with almost no pain. Now at age 70 my diverticulitis is completely cured! I now work out a few times a week at the gym; I do yoga and Pilates as well. I know Natural Healing saved my life; I really did become younger as I grew older! Shirley Pfiel, Lake Arrowhead CA

Hi Charles, (Re: a rare type of breast cancer)

Hope you had a good Thanksgiving. I just wanted to let you know that I never received any of the supplements. I am completely out of everything. My lump is just about gone. It is smaller than a tiny pea. It originally was the size of a Kiwi. I will speak with you on Monday, however, I really don't have any questions. I downloaded the recipes from Elaina's website and my friend gave me a juicing for life book as well as a vegetarian cookbook that she published. Little by little I am working toward becoming 80% Raw. If we don't need to talk, please let me know.

Estelle

(from a magazine article)

I have been working with Dr. Partito for over seven months now, and I am happy to report increased energy levels, a decrease in the severity of my hypoglycemia-it is on it's way out-and diminished deficiencies...not to mention the 45 pounds I lost! I am eternally grateful to him for helping me with my son as well. He discovered that Benjamin had severe calcium and vitamin c deficiencies which we are now correcting. Dr. Partito recently received some press coverage because of his work assisting an AIDS patient in ridding himself of AIDS. He has also had success helping patients cure themselves of everything from asthma to allergies to cancer. Charles is the owner of Ejuva, the best intestinal cleanse on the planet! -Laura Cruger Fox

There are literally hundreds of testimonials like these. Dr. Charles Partito N.D.

Quotes to Ponder

"Doctors simply address the symptoms caused by the consumption of cooked, dead or denatured foodstuffs." Natures First Law

"Ponce de Leon wandered around looking for the fountain of youth and all the while his mare was grazing on it." Natures First Law

"Humans dig their graves with their own teeth and die more by those fated instruments then by the weapons of their enemies." Thomas Moffet

"With such great emphasis placed on cleanliness in society, it is no wonder so few people are concerned about the problem of internal filth." Ann Wigmore

"Nearly all people die of their medicines, and not of their illnesses." Moliere

"Let your food be your medicine and your medicine be your food." Hippocrates

"Death cannot feed life." "The Juice Man"

"Until humanity can duplicate a blade of grass, Nature laughs at its so-called scientific knowledge." Thomas Edison

"Nature never did betray a heart that loved her." William Wordsworth

"The specific disease doctrine is the grand refuge of the weak, uncultured, unstable minds, such as now rule the medical profession. There are no specific diseases; there are specific disease conditions." Florence Nightingale

"There are some truths which are so obvious and for that very reason are not recognized by ordinary people." Natures First Law

Then God said, "I give you every seed-baring plant on the face of the whole Earth and every tree that has fruit with seed in it. They will be yours for food." Genesis 1:29

"Disease is a natural result obtained from an unnatural lifestyle." Dr. Richard Anderson

"Most people commit slow suicide by what they place at the tip of their fork." Dr. Charles Partito "What makes me so certain that the natural human lifespan is far in excess of the actual one is this. Among all my autopsies (and I have preformed over 1000), I have never seen a person who died of old age yet. We invariably die because one vital part has worn out too early in proportion to the rest of the body." Dr. Hans Selye

"First, do no harm!" Hippocrates

"Unless we put medical freedom in the constitution, the time will come when medicine will organize itself into an undercover dictatorship to restrict the art of healing." Dr. Benjamin Rush physician, Educator, Writer, Patriot leader and signer of the Declaration of Independence

"All medicines are synthetic; poisonous to the human body. You cannot poison the body back into health". Dr. Joel Robbins M.D., D.C., N.D., PhD. In Bio Chemistry, Founder of The College of Natural Health, author, lecturer

"One of the biggest tragedies of human civilization is the precedence of chemical therapy over nutrition. It is the substitution of artificial therapy over natural, of poisons over food, in which we are feeding people poisons trying to correct the reactions of starvation." Dr. Royal Lee, Inventor, Scientist, Genius

The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease. Thomas Jefferson

"Vis Medicatrix Naturae" --- "The Healing Power of Nature"

"Procrastination, or the inability to take action, is the number one reason for failure." Napoleon Hill

END